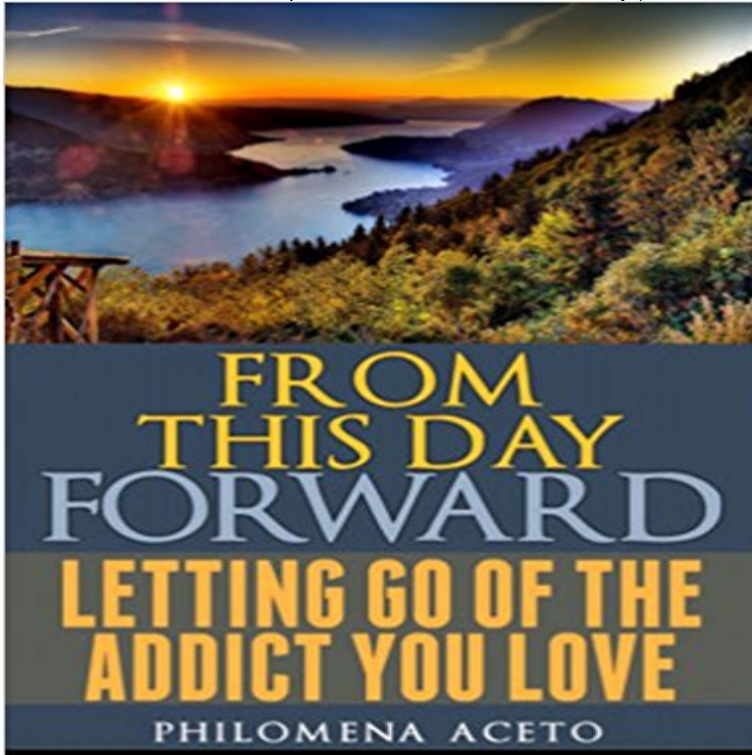


## From This Day Forward: Letting Go of The Addict You Love



Autobiographical. This is one woman's account of loving an addict, the daily struggle to survive and her ending an enabling, codependent toxic relationship. Philomena lived with a heroin addict for 13 years, this is her story told with truth, candor and an unvarnished look at the daily hell of their lives. Now working as a Public Speaker and Empowerment Coach for women, Phil tells her story in the hopes of empowering other women to get the support they need. Phil shares in detail her 6 step program to taking back her life that has led to her ultimate destination. The love of herself.

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